

1 **Antimicrobial activity of carbon monoxide-releasing**
2 **molecule $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})\text{Br}$ versus multidrug-**
3 **resistant isolates of Avian Pathogenic *Escherichia coli***
4 **and its synergy with colistin**

5

6 Short title: **Antimicrobial activity of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})\text{Br}$**

7

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21

22 Abstract

23 Antimicrobial resistance is a growing global concern in human and veterinary medicine,
24 with an ever-increasing void in the arsenal of clinicians. Novel classes of compounds
25 including carbon monoxide-releasing molecules (CORMs), for example the light-
26 activated metal complex $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$, could be used as alternatives/to
27 supplement traditional antibacterials. Avian pathogenic *Escherichia coli* (APEC) represent
28 a large reservoir of antibiotic resistance and can cause serious clinical disease in poultry,
29 with potential as zoonotic pathogens, due to shared serotypes and virulence factors with
30 human pathogenic *E. coli*. The *in vitro* activity of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ against multidrug-
31 resistant APECs was assessed *via* broth microtitre dilution assays and synergy testing
32 with colistin performed using checkerboard and time-kill assays. *In vivo* antibacterial
33 activity of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ alone and in combination with colistin was determined
34 using the *Galleria mellonella* wax moth larvae model. Animals were monitored for
35 life/death, melanisation and bacterial numbers enumerated from larval haemolymph. *In*
36 *vitro* testing produced relatively high $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ minimum inhibitory
37 concentrations (MICs) of 1024 mg/L. However, its activity was significantly increased with
38 the addition of colistin, bringing MICs down to ≤ 32 mg/L. This synergy was confirmed in
39 time-kill assays. *In vivo* assays showed that the combination of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ with
40 colistin produced superior bacterial killing and significantly increased larval survival. In
41 both *in vitro* and *in vivo* assays light activation was not required for antibacterial activity.
42 This data supports further evaluation of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ as a potential agent for

43 treatment of systemic infections in humans and animals, when used with permeabilising
44 agents such as colistin.

45

46 **Keywords:** Multidrug-resistant; avian pathogenic *Escherichia coli*; Synergy; *in vivo*;
47 manganese complex.

48 Introduction

49 Antimicrobial resistance is a growing global concern, with clinicians in human and
50 veterinary medicine faced with reduced therapeutic options to treat patients with
51 infections caused by multidrug-resistant bacteria [1]. Gram-negative bacteria such as
52 *Escherichia coli* have in recent years been highlighted as potential super bugs, due to
53 increasing antibiotic resistance to many classes of antibiotic. This issue, added to the lack
54 of antibacterials in the pipeline that specifically target Gram-negative bacteria, has left an
55 ever-increasing void in the arsenal of clinicians, as the number of effective antibiotics
56 declines [2]. Antibacterials of last resort such as carbapenems and polymyxins are
57 increasingly used as front line drugs. However, resistance to carbapenems *via* the
58 production of carbapenemases, efflux or reduced permeability has been widely reported
59 [3]. This has led to the revival of previously abandoned antibiotics including colistin
60 (polymyxin E), fosfomycin and chloramphenicol. With the increased use of these
61 antibiotics, a significant rise in resistance has followed, recently noted with the discovery
62 of MCR-1, the plasmidic colistin-resistance gene, in China [4-5] and in other countries in
63 both humans and animals.

64 One potentially problematic group of pathogens are avian pathogenic *E. coli*
65 (APEC). APECs make up part of the normal avian intestinal flora, but can cause serious
66 clinical disease in poultry. Avian colibacillosis caused by APEC is an economically
67 important infectious disease of domestic poultry. The aetiological agent responsible for
68 colibacillosis is *Escherichia coli*, with the most commonly implicated serotypes being
69 O1:K1, O2:K1 and O78:K80. Avian colibacillosis is a respiratory and systemic disease
70 that exerts substantial welfare and economic costs on the poultry industry worldwide [6-

71 7]. Losses are incurred through mortality, condemnation of carcasses at slaughter,
72 reduced productivity and costs associated with antibiotic treatment. Recent
73 epidemiological evidence suggests that approximately 40% of mortalities from broiler
74 flocks are associated with colibacillosis [8]. Avian colibacillosis is also responsible for up
75 to 70% of mortality seen in broiler chicks 2-3 days after placement. Avian colibacillosis is
76 a multifactorial disease and a number of risk factors are known, including prior or
77 concurrent infection with respiratory viruses or *Mycoplasma*, stress and injury associated
78 with formation of a social hierarchy, onset of sexual maturity and intense laying, as well
79 as poor biosecurity, hygiene and ventilation [9]. Vaccination has proved successful for
80 some APEC pathotypes, but the poultry industry is still reliant on antibiotics to treat APEC.

81 There are several reports suggesting that APECs harbour an array of resistance
82 genes such as *bla*CTX-M-1, *bla*CMY-2 and *bla*TEM [10]. As APECs share identical
83 serotypes and many virulence factors with human pathogenic *E. coli*, their potential as
84 zoonotic pathogens should also not be underestimated [11, 12].

85 Alternatives to traditional antibacterials are investigated to supplement the growing
86 need for antimicrobials. One group of potential drug candidates are carbon monoxide-
87 releasing molecules (CORMs) such as CORM-3, which have received attention due to
88 their effectiveness as antibacterial agents [13]. Several novel CORMs, including those
89 activated by light at a specific wavelength such as $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ have potential
90 for therapeutic use against Gram-negative bacteria including *E. coli* [14]. Although the
91 mechanisms of this compound are not entirely understood, the proposed mechanisms
92 include membrane disruption due to hydroxyl radical production, interference of metal ion
93 uptake and inhibition of respiration, due to CO binding to respiratory cytochromes.

94 Recent work has also demonstrated the antibacterial action of a novel tryptophan
95 manganese(I) carbonyl complex (Trypto-CORM) against *Neisseria gonorrhoeae*, which
96 in recent years has also shown increasing antibiotic resistance [15]. Previous data
97 suggests that the manganese-coligand core of the title compound does not reach the
98 intracellular environment of bacteria [14]. However, using a polymyxin such as colistin, to
99 permeabilise the outer membrane, could facilitate entry of the metal complex and increase
100 the compound's antibacterial activity. The aim of the studies described here was to
101 evaluate the *in vitro* and *in vivo* activity of the manganese complex $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$
102 alone and in combination with colistin against multidrug-resistance strains of avian
103 pathogenic *E. coli*.

104

105 **Materials and methods**

106 **Bacterial isolates, antibiotics and media**

107 Avian pathogenic *E. coli* strains ($n = 124$) isolated from poultry farms across the UK were
108 provided by Ridgeway Biologicals (Compton, UK). All strains were cultured on
109 MacConkey agar for 16 h at 37 °C, aerobically and characterised by biochemical and
110 molecular profiles. Stock cultures were stored in glycerol at -80°C. $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$
111 (USC-CN028) was synthesised at the University of Würzburg, in the laboratories of Prof
112 Ulrich Schatzschneider according to a published procedure [16]. Colistin sulfate powder
113 was purchased from Cambridge Biosciences (Cambridge, UK). Mueller Hinton 2 agar and
114 Mueller Hinton 2 cation adjusted broth was purchased from SigmaAldrich (Dorset, UK).

115

116 **Antibacterial assays**

117 **Antibiotic susceptibility testing**

118 Antibiotic susceptibility testing of 24 commonly used antibiotics (ampicillin, ampicillin-
119 sulbactam, azithromycin, aztreonam, cefepime, cefotaxime, ceftazidime, ceftiofur, cephalexin,
120 chloramphenicol, ciprofloxacin, clavulanic acid-amoxicillin, colistin, doxycycline,
121 ertapenem, fosfomicin, gentamicin, imipenem, meropenem, nalidixic acid,
122 nitrofurantoin, piperacillin-tazobactam, tetracycline, trimethoprim-sulfamethoxazole and
123 tigecycline) was performed using the disc diffusion assay on Mueller Hinton 2 agar,
124 against all 124 APEC strains, using standard methods previously described [17]. Plates
125 were incubated at 37 °C for 16 h, aerobically, after which zones of inhibition were
126 recorded. Susceptibility/resistance was checked using breakpoints from the European
127 Committee on Antimicrobial Susceptibility Testing [18]. A panel of strains resistant to ≥ 5
128 antibiotic classes were selected for further study in order to determine the minimum
129 inhibitory concentrations (MICs) of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})]\text{Br}$ and colistin.

130

131 **Bacterial growth curves**

132 Prior to MIC testing, growth curves were performed on the test bacterial strains with and
133 without exposure to UV light (365 nm) for 2.5 min, equivalent to that required for activation
134 of the Mn complex. This was undertaken to confirm that any antimicrobial activity could
135 be attributed to the Mn complex and not exposure to the UV light. To perform the growth
136 curves, a 1/1000 dilution of a 16 h broth culture, equating to approximately 10^6 CFU/mL
137 was used for the starting inoculum. At set time intervals of 0, 2, 4, 6 and 24 h post
138 inoculation, 100 μL samples were sampled, serially diluted and plated onto Mueller Hinton

139 2 agar. Colonies from the dilutions were enumerated after incubation at 37 °C for 16 h,
140 aerobically. Growth curves were plotted used GraphPad Prism 6.0 to check for
141 differences in growth kinetics +/- UV exposure.

142

143 **Minimum inhibitory concentrations**

144 Minimum inhibitory concentrations of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ and colistin were determined
145 alone and in combination against seven multidrug-resistant isolates and performed in 96-
146 well microtitre plates using Mueller Hinton 2 broth. Assays were set up in checkerboard
147 style with 2-fold decreasing concentrations of the Mn complex (512-0 mg/L) and colistin
148 (8-0 mg/L) with a bacterial inoculum of 10^5 colony forming units (CFU) per mL. Plates
149 were incubated at 37 °C, aerobically and checked for turbidity after 24 h. Where the MIC
150 was not achieved, the dilution above the maximum dose was used for calculating the
151 fractional inhibitory concentration indexes (FICIs). Fractional inhibitory concentration
152 indexes were calculated using the following equation as previously described [19]. $\text{FICI} =$
153 $\text{FIC of A (MIC of antibiotic A in combination with antibiotic B/MIC of antibiotic A alone)} +$
154 $\text{FIC of B (MIC of antibiotic B in combination with antibiotic A/MIC of antibiotic B alone)}$.
155 FICI values of ≤ 0.5 suggest a synergistic interaction, $> 0.5-1.0$ as an additive effect, $>$
156 1.0 to < 4 as indifference and a value of ≥ 4.0 was classed as an antagonistic effect [20].
157 All experiments were performed in triplicate (biological repeats), and results are
158 presented as mean values.

159

160

161

162 **Kill-kinetic assays**

163 Kill-kinetic assays were performed using strain 236/12. In brief, a 1/1000 dilution of a 16
164 h, aerobic culture, equating to approximately 10^6 CFU/mL was used as the starting
165 inoculum for each strain. To individual cultures, antimicrobials were added at final
166 concentrations, which were as follows: $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})]\text{Br}$ (x 1 MIC), colistin (x 0.5/x 1
167 MIC) and the Mn complex-colistin combination (x 1 MIC – x 0.5 MIC). Cultures were
168 incubated at 37 °C under continuous agitation (225 rpm) for 24 h. At set time intervals of
169 0, 2, 4, 6 and 24 h post inoculation, 100 μL samples were collected, serially diluted and
170 plated onto Mueller Hinton 2 agar. Colonies from the dilutions were counted after
171 incubation, aerobically at 37 °C for 20 h. Time–kill curves (CFU/mL vs time) were plotted
172 using GraphPad Prism 6.0 software. Synergy was defined as bactericidal activity ($\geq 2 \log_{10}$
173 difference in CFU/mL) of the combination compared to the single agent after 24 h
174 incubation. Unpaired student t-tests were performed to check for significant variance.

175

176 ***In vivo* toxicity in *Galleria mellonella***

177 *In vivo* testing was conducted using the standardised *Galleria mellonella* invertebrate
178 model (TruLarv™, Biosystems Technology, Exeter). In brief, ten larvae were injected via
179 the left proleg with 40, 200, 400, 600 mg/kg of Mn complex freshly prepared in sterile
180 phosphate buffered saline (PBS) or a PBS control. Immediately after administration of the
181 Mn complex, all larvae were placed in a sterile petri dish, illuminated with UV light (365
182 nm) (Uvitec LF206LS, Dutscher Scientific, Essex) for 2.5 min (Distance ~ 3 cm). The
183 larvae then were incubated at 37 °C for 48 h, with survival recorded (live/dead via a lack
184 of response to touch) at 0, 24 and 48 h post treatment. The experiment was repeated with

185 no exposure to UV light. All *in vivo* experiments were carried out in triplicate on 3 separate
186 occasions.

187

188 **Inoculum testing**

189 To determine the optimum inoculum for larval killing (approx. 50 % mortality of larvae at
190 24 h post infection), an inoculum test was performed. In brief, a 16 h culture of APEC
191 strain 236/12 in Luria base broth was washed in PBS before being serially diluted in PBS.
192 Colony forming units were determined by plating the dilutions on nutrient agar and
193 incubating at 37 °C for 24 h. Ten *G. mellonella* larvae were infected with the 16 h culture
194 dilutions, equating to 10³, 10⁴, 10⁵ and 10⁶ CFU/larvae, via a 10 µL injection into the left
195 proleg. Larvae were incubated at 37 °C and scored for survival (live/dead) at 0, 24, 48,
196 72 and 96 h.

197

198 ***G. mellonella* treatment assays**

199 Sixteen larvae were infected with 10⁵ CFU/larvae of APEC strain 236/12 via a 10 µL
200 injection in a left proleg. Within 30 min after infection, a second injection into a right proleg
201 was administered of the Mn complex (20 mg/kg in PBS), colistin (0.625 mg/kg), a
202 combination of Mn complex and colistin (20 + 0.625 mg/kg) or PBS +/- UV exposure for
203 2.5 min at 365 nm post injection. Larvae were incubated at 37 °C and scored for survival
204 (live/dead) at 0, 24, 48, 72 and 96 h.

205 Melanisation scores for larvae were recorded over 72 h as an indicator of morbidity,
206 based on a reversed scoring method previously published [21], whereby a score of 4

207 indicated total melanisation of the larvae, 2 equalled melanin spots over the larvae, 1
208 equalled discolouration of the tail and a score of 0 equalled no melanisation.

209 Bacterial enumeration from infected and treated larvae was performed over 24 h,
210 by plating out larval haemolymph collected from larvae *post-mortem*. Larvae were
211 injected with isolate 236/12 as described in the treatment assay and at 0, 2, 4, 6, 12 and
212 24 h, haemolymph from 3 larvae was collected. In brief, larvae were placed in cold storage
213 (-20 °C for 10 min) before being wiped with 70 % ethanol. A sterile scalpel was used to
214 remove the tip of the tail and haemolymph collected into an Eppendorf tube on ice.
215 Haemolymph (100 µL) was serially diluted in sterile PBS and dilutions were plated out on
216 MacConkey 3 agar (Oxoid, Basingstoke, UK). Plates were incubated for 18 h at 37 °C,
217 before bacterial enumeration was performed.

218 All assays were performed in triplicate and mean values presented. Survival
219 curves, melanisation scores and bacterial counts were plotted using GraphPad Prism 6.0
220 software (San Diego, CA, USA). Analysis of survival curves was performed using the log
221 rank test, with a *p* value of ≤ 0.05 indicating statistical significance [22]. Unpaired student
222 t-tests were performed to check for significant variance in bacterial counts at 24 h.

223

224 **Results and discussion**

225 Results from the antibiotic susceptibility testing indicated that 45 out of 124 APEC
226 strains tested were multidrug-resistant (Table 1, S1 Table), with resistance observed
227 against > 2 antibiotic classes in relation to breakpoints set by the European committee on
228 antimicrobial susceptibility testing [18]. Of these strains 7 were resistant to > 5 antibiotic
229 classes. No strains exhibited resistance to carbapenems or polymyxins.

230 Growth kinetics analysis from cultures with and out exposure to UV light (365 nm,
 231 2.5 min) showed no significant difference ($P > 0.5$) in growth rates or growth numbers at
 232 24 h (Fig. 1, S2 Table). This supported previous studies and confirmed that any
 233 antimicrobial activity would be due to the manganese carbonyl complex and not the UV
 234 light exposure [14].

235
 236 **Table 1. Phenotypic resistance of 124 avian pathogenic strains to commonly used**
 237 **antibiotics in relation breakpoints set by the European committee on antimicrobial**
 238 **susceptibility testing.**

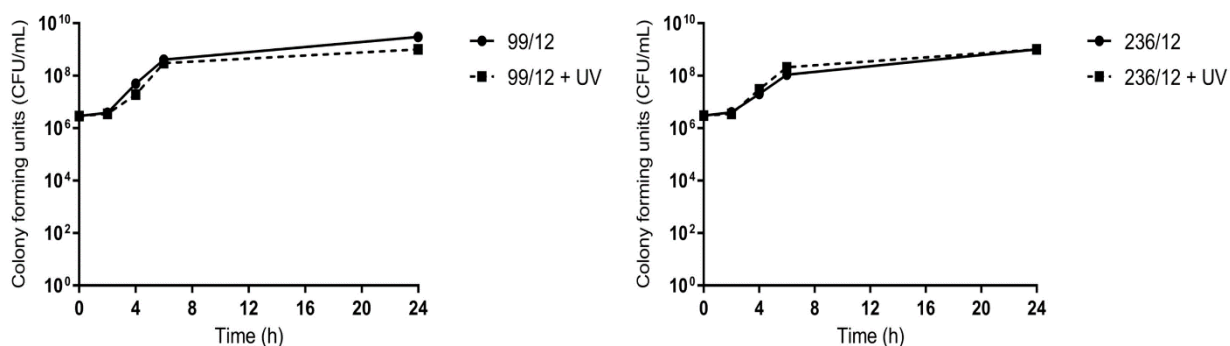
Antibiotic	Number of isolates showing phenotypic resistance	Percentage resistance
Ampicillin	49	39.5
Amoxicillim-clavulanic acid	45	36.3
Piperacillcin-Tazobactam	0	0
Ampicillin-Sulbactam	38	31
Cephalexin	6	4.8
Cefoxitin	3	2.4
Cefotaxime	4	3.2
Cefepime	1	0.8
Imipenem	0	0
Ertapenem	0	0
Meropenem	0	0
Aztreonam	4	3.2
Gentamicin	2	1.6
Amikacin	0	0
Tetracycline	85	68.5
Doxycycline	44	35.5
Tigecycline	1	0.8
Azithromycin	2	1.6
Nalidixic acid	31	25
Ciprofloxacin	4	3.2
Sulfamethoxazole/trimethoprim	23	18.5
Fosfomycin	1	0.8
Chloramphenicol	14	11.3
Nitrofurantonin	0	0
Colistin	0	0

239

240

241 Results from the broth microtitre testing revealed MICs of 1024 mg/L for
242 $[\text{Mn}(\text{CO})_3(\text{tpa}-\kappa^3\text{N})]\text{Br}$ on all isolates (Table 2, S3 Table). MICs of 1 mg/L to colistin were
243 observed for all isolates. In combination, MICs of the Mn complex were significantly
244 reduced ($P < 0.05$) in the presence of colistin, with MICs reduced to ≤ 32 mg/L. Calculation
245 of FICIs indicate synergy was produced between $[\text{Mn}(\text{CO})_3(\text{tpa}-\kappa^3\text{N})]^+$ and colistin (FICIs
246 0.129 – 0.281). It was found that UV activation (365 nm) had no impact on $[\text{Mn}(\text{CO})_3(\text{tpa}-$
247 $\kappa^3\text{N})]^+$ MICs in this study.

248



249

250 **Fig 1. Growth curves of avian pathogenic *E. coli* strains 99/12 and 236/12 with and**
251 **without exposure to UV light (365 nm) for 2.5 minutes.**

252

253 Relatively high MICs for the Mn complex are probably due to low membrane
254 permeability of the entire compound. Previous research has shown that CO released from
255 CORM readily reaches the intracellular environment, but the manganese-cogland moiety
256 of the molecule does not, potentially due to lower permeability or lack of active transport
257 into bacterial cells [14]. This could potentially limit the effectiveness of monotherapy with

258 CORMs in medical and veterinary applications; thus, as demonstrated in the studies
259 presented here combination therapy maybe a favourable option.

260

261 **Table 2. Minimum inhibitory concentrations (MICs) of the Mn complex**
262 **[Mn(CO)₃(tpa-κ²M)]Br, colistin and combinations of both versus multidrug-resistant**
263 **strains of avian pathogenic *Escherichia coli* and corresponding fractional**
264 **inhibitory concentration indices (FICIs).**

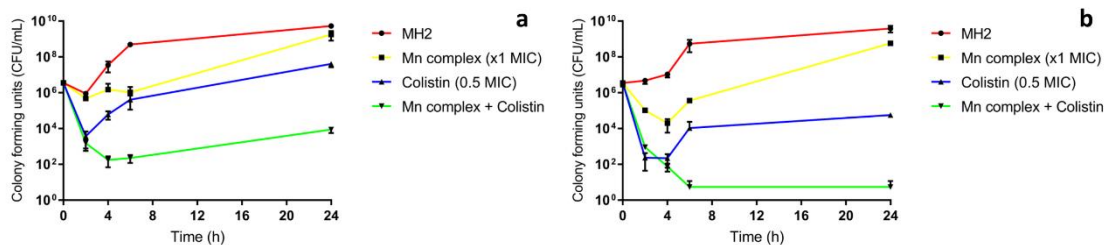
Strain no.	MIC (mg/L)		MIC in combination (mg/L)		FICI
	Mn complex	colistin	Mn complex + colistin	colistin + Mn complex	
102/12	1024	0.5	4	0.125	0.25
99/12	1024	1.5	0.5	0.25	0.17
100/12	1024	1	0.5	0.25	0.25
236/12	1024	1	0.5	0.25	0.25
176/12	1024	0.5	2	0.125	0.25
140/07	1024	1	32	0.25	0.281
16/12	1024	1	1	0.25	0.251

265

266

267 Data from the kill-kinetic assays indicate that although antimicrobial activity was
268 observed in microtitre assays, in a non-static model, regrowth in the Mn complex-treated
269 bacteria was observed (Fig. 2, S4 Table). The regrowth of cultures treated with the Mn
270 complex 4 h post activation, suggests that the compound has a limited stability. This is
271 potentially due to photodecomposition of the compound over time in ambient light.
272 Colistin-treated cultures at 0.5 MIC produced good initial killing against both isolates
273 tested, with regrowth observed after 2-4 h. Synergy observed in checkerboard assays of
274 the CORM and colistin combination was confirmed in the kill-kinetic assays. The

275 combination showed markedly ($P < 0.05$) increased killing activity when compared to
 276 either Mn complex or colistin alone, with $\geq 3 \log_{10}$ CFU/mL difference at 24 h.
 277

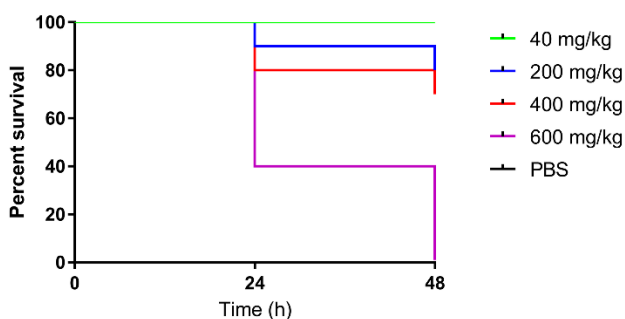


278
 279 **Fig 2. Time-kill curve of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})\text{Br}$, colistin and combination of both**
 280 **agents (x1 MIC + 0.5 MIC) versus APEC strain a) 99/12 and b) 236/12 over 24 h.**

281
 282 *In vivo* toxicity assays showed that *G. mellonella* survival numbers were reduced
 283 by 20% when exposed to 200 mg/kg of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})\text{Br}$ and by 30% when doses of
 284 400 mg/kg were administered (Fig. 3, S5 Table). Toxicity increased sharply when 600
 285 mg/kg was administered, with 100% larval mortality. Importantly, doses of 40 mg/kg,
 286 double the concentration required in treatment assays, produced no toxicity from the Mn
 287 complex.

288
 289 *In vivo* treatment assays found that combination therapy significantly increased
 290 larval survival over 96 h compared to monotherapy (Fig. 4, S6 Table). Little difference
 291 was observed between UV and non UV-exposed experiments, indicating that activation
 292 and perhaps CO alone, has little impact on the antibacterial activity in this model.

293

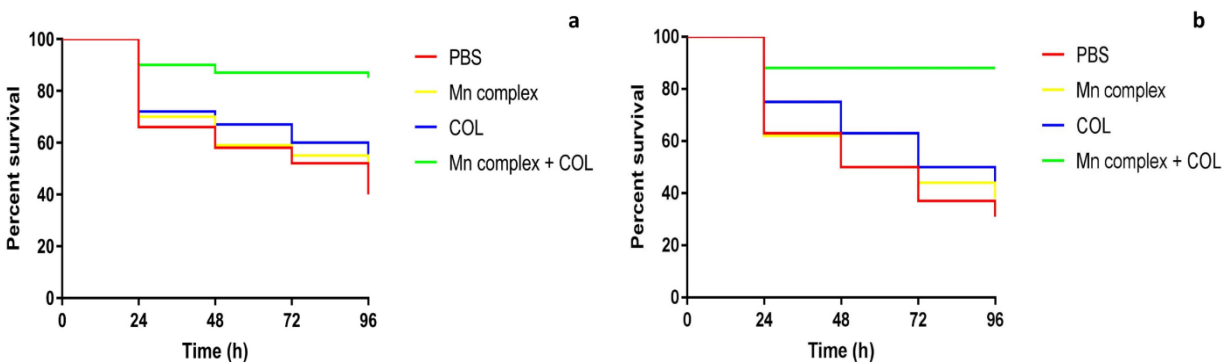


294

295 **Fig 3. Survival curve showing *in vivo* toxicity of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$ against**
296 ***Galleria mellonella* over 48 h.**

297

298



299

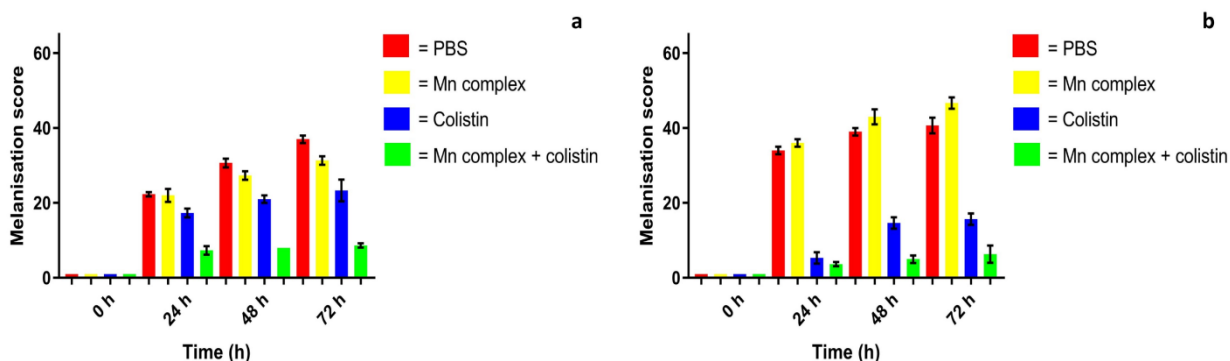
300 **Fig 4. Survival curves (live/dead) of *G. mellonella* over 96 h after infection with 10^5**
301 **CFU/larvae of APEC strain a) 99/12 and b) 236/12 and treatment with PBS, 20mg/kg**
302 **of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{N})]\text{Br}$, 0.625 mg/kg of colistin, and combination of both agents.**

303

304 High levels of morbidity were observed over 72 h with PBS- and Mn complex-
305 treated larvae, with large melanisation scores recorded (Fig. 5, S7 Table). Low
306 melanisation scores were observed in larvae treated with colistin alone and the Mn

307 complex-colistin combination, indicating these treatments reduce morbidity. Mn complex-
 308 colistin production significantly lower ($P < 0.004$) melanisation scores than treatment with
 309 PBS or monotherapy with the Mn complex or colistin. Alongside its antibacterial activity,
 310 colistin has been previously shown to possess potent anti-endotoxin activity [23]. This
 311 could explain the reduced 'shock' to the larval immune system/lower melanisation scores,
 312 in larvae treated with colistin or the Mn complex-colistin combination.

313



314

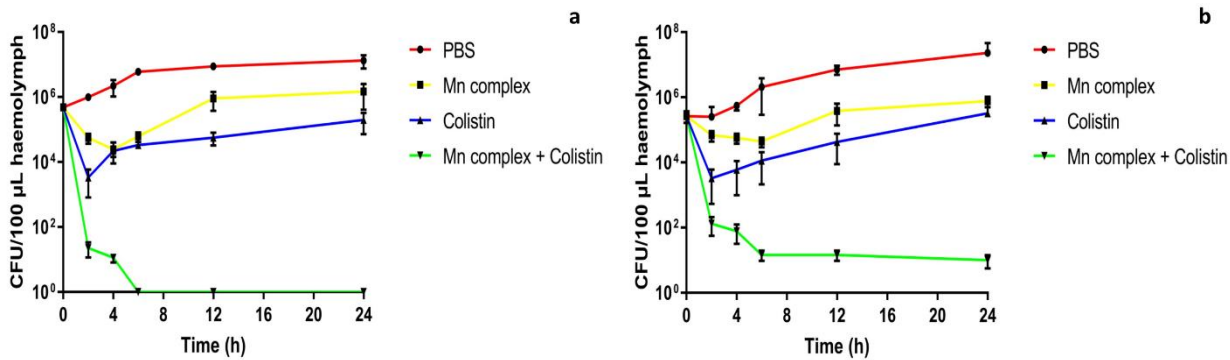
315 **Fig 5. Melanisation assay in *Galleria mellonella* infected with 10^5 CFU/larvae of**
 316 **APEC strain a) 99/12 and b) 236/12 and treated with PBS, 20 mg/kg of $[\text{Mn}(\text{CO})_3(\text{tpa-}$**
 317 **$\kappa^3\text{M})\text{Br}$, colistin or a combination of both agents. Higher scores indicate greater**
 318 **insect morbidity.**

319

320 Bacterial counts over 24 h show that within larvae treated with PBS, bacterial
 321 numbers increased by $>1.5 \log_{10}$ CFU/100 μL of hemolymph at 24 h (Fig 6, S8 Table).
 322 Treatment with colistin at 0.625 mg/kg initially reduced bacterial numbers of both 99/12
 323 and 236/12, before regrowth of both isolates was observed at 2 h. However, bacterial
 324 numbers at 24 h did not reach that of 0 h. Treatment with $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})\text{Br}$ produced

325 initial bacterial killing, more significantly against 236/12, before regrowth was observed at
 326 4 h, resulting in bacterial numbers at 24 h reaching the original CFU/larvae at 0 h. This
 327 would indicate that *in vivo*, the Mn complex produces bacteriostatic action within the first
 328 24 h of administration. Bacterial counts indicate that the combination therapy was
 329 bactericidal and was significantly ($P < 0.05$) more effective in reducing bacterial numbers,
 330 than any monotherapy with $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})]\text{Br}$, colistin or PBS, with total bacterial
 331 killing at 6 h for strain 236/12 and a reduction in CFU/100 μL of haemolymph to $<1.5 \times 10^1$
 332 (Fig. 6).

333



334

335 **Fig 6. Bacterial counts over 24 h from *G. mellonella* post infection with 10^5**
 336 **CFU/larvae of APEC strain a) 99/12 and b) 236/12 and treatment with $[\text{Mn}(\text{CO})_3(\text{tpa-}$**
 337 **$\kappa^3\text{M})]\text{Br}$, colistin, a combination of both agents or PBS.**

338

339 Although the mechanism of synergy remains to be determined, the observed
 340 activity is probably due to increased membrane permeability from the polymyxins,
 341 allowing greater amounts of the Mn complex inside the cell, thus increasing its ability to
 342 reach any potential target sites [24]. As the Mn complex also has the potential to disrupt

343 bacterial membranes, overall membrane disruption would be greater in the combination,
344 resulting in increased cell leakage and eventual cell death. Due to this dual attack on
345 bacterial membranes, concentrations of colistin required for antibacterial activity are
346 lower. Not only is this beneficial in terms of reduced toxicity to patients/animals, but also
347 to combat resistance to polymyxins. Other membrane permeabilisers such as
348 nonapeptide [25] could be investigated for efficacy as an alternative to colistin, from which
349 there is a risk of nephrotoxicity.

350 Due to the original requirement of photoactivation to trigger the release of CO, it
351 was assumed that the Mn complex would only serve as a model compound for
352 fundamental studies on CO antibacterial activity, but with limited therapeutic applications.
353 However, after investigation, it appears that its antibacterial action is not dependent on
354 prior or post inoculation photoactivation *in vivo*. This fortuitous discovery, could increase
355 the application of the compound from model system to the potential treatment of systemic
356 infections in humans and animals.

357 In conclusion, we believe this is the first study to examine the *in vivo* antibacterial
358 activity of a manganese carbonyl complex. Its activity against avian pathogenic *E. coli*
359 (APEC) significantly increases when used in conjunction with colistin. The work presented
360 here clearly demonstrates that the combination also significantly reduces APEC colony
361 forming units within *G. mellonella* over 24 h and also reduces larval morbidity due to
362 APEC infection. The *in vivo* data here also confirm the *in vitro* results presented and
363 indicates that UV activation of $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})]\text{Br}$ is not required for its antibacterial
364 activity. Further work should examine the activity of the title compound against other
365 important humans and animal pathogens, such as *Acinetobacter baumannii*,

366 *Pseudomonas aeruginosa* and *Staphylococcus aureus*, which are also common carriers
367 of antibiotic resistance genes and are associated with serious infections. It is clear that
368 $[\text{Mn}(\text{CO})_3(\text{tpa-}\kappa^3\text{M})]\text{Br}$ and related compounds have potential for future applications in
369 human and veterinary medicine. Furthermore, it appears that the antimicrobial activity of
370 metal-carbonyl complexes does not necessarily always is based on the CO release
371 efficiency [26].

372

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