Figure 1: Key aspects of the intervention

Identification and management of physical and psychological morbidity

**Physical domain, e.g.:**
- menopausal symptoms
- altered body image
- hair loss/growth
- weight loss/gain
- nutrition & fatigue

**Psychological domain, e.g.:**
- Anxiety/depression
- Fear of recurrence
- Familial risk

**Social domain, e.g.:**
- Sexual intimacy issues
- Family
- Work and finances
- Spirituality

Detection of recurrent disease

- Blood test results given/discussed
- Discussion/assessment of symptoms

Referrals as necessary, e.g.:
- Clinic based follow up
- Social work
- Dietician
- Palliative care
- District nurse
- Support and rehabilitation clinic
- Wig specialist
- Support hosiery specialist

- Tailored information
- Practical advice
- Coping strategies
Figure 2: Patient ratings of support received during telephone follow up (n=45)

Figure 3: Advantages of telephone follow up (n = 35, citations = 43)