

**Palmer S, McDowall A (2010). *The Coaching Relationship: Putting people first*. 264 pages. Routledge, Taylor & Francis, London & New York 31 Mar 2010. <http://www.routledge.com/books/details/9780415458740/>**

## **Abstract**

*The Coaching Relationship* discusses how we can integrate process perspectives such as the quality of the coach-coachee relationship, and professional perspectives including the influences of training and supervision, for more effective outcomes.

Stephen Palmer and Almuth McDowall bring together experts from the field of coaching to discuss different aspects of the coach-coachee relationship, topics covered include:

- the interpersonal perspective
- the role of assessment
- ethical issues
- cultural influences
- issues of power.

The book also includes a chapter on the interpersonal relationship in the training and supervision of coaches to provide a complete overview of how the coaching relationship can contribute to successful coaching

Illustrated throughout with case studies and client dialogue, *The Coaching Relationship* is essential reading for practicing coaches and coaching psychologists wishing to learn more about the interpersonal aspects of coaching.

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