
Abstract

With its primary focus on the psychology of eating from a social, health, and clinical perspective, the second edition of The Psychology of Eating: From Healthy to Disordered Behavior presents an overview of the latest research into a wide range of eating-related behaviors

• Features the most up-to-date research relating to eating behavior
• Integrates psychological knowledge with several other disciplines
• Written in a lively, accessible style
• Supplemented with illustrations and maps to make literature more approachable

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